

What are you going to have to do to become a certified Theraplay UK supervisor?

This material is the TTI information.

Each candidate must supervise the work of four different students each working with two different clients as follows:

- One student must successfully complete the entire practicum and become fully certified;
- One student must successfully complete Intermediate Level Theraplay Practitioner;
- Two students must successfully complete Foundational Level Theraplay Practitioner.

Candidates should determine the method of their supervision with their Theraplay Institute supervisor. It may be possible to set up on-line meetings, or the candidate may need to video their own supervision and submit via internet file transfer. In all cases, the actual video of the student's session must accompany the candidate's supervision of it.

The recommended protocol should follow this as closely as possible:

202020 Session Protocol		
<i>First Student--10 of 24 supervised sessions required for Full Certification</i>		
First Student's first client	First 2 sessions (MIM & First session)	4 additional
First Student's second client		4 sessions
<i>Second Student--6 of 16 supervised sessions required for Intermediate Certificate</i>		
Second Student's first client	(MIM & First session)	1 additional
Second Student's second client		3 sessions
<i>Third Student-2 total out of 8 supervised sessions required for Foundational Certificate</i>		
		2 sessions
<i>Fourth Student-2 total out of 8 supervised sessions required for Foundational Certificate</i>		
		2 sessions

I have to admit I find this chart confusing. Broadly you need to ensure you are presenting a range of material. Early in the supervisors practicum you need to be bringing MIM's and early work and we want to see how you are developing a student by you presenting your supervision of that student to the supervision of supervision group through showing at least 2 of their cases.

You will also need to show yourself supervising other student and demonstrate your supervision abilities for students who are at intermediate and progressing towards full certification.

You need to be responsible for recording what supervision sessions you bring to the supervision of supervision group so you can track your progress over the types of session you bring. We will celebrate with you when you get students through each milestone. When you feel you have achieved 4 students to the appropriate certification levels, request a review with your supervisor of supervision.

If you get 'stuck' because your students decide foundation level is as far as they want to go or they are taking a very long time to reach full certification, discuss this with your supervisor of supervision. Think that your Theraplay UK supervisors certification will take two years minimum.

You need to be able to video record your supervision sessions to show in supervision of supervision, and also have access the students session with the family they are working with to show if required.

Your development as a supervisor will be assessed through the supervision of supervision groups. If you do not attend sufficient groups and present the appropriate cases, we will not be able to assess your progress and you will not become certified.

If we have concerns about your supervisory abilities, we will discuss these with you by asking you to attend an individual meeting with us.

TTI have had a two-tier system of certifying supervisors and currently in the UK we have some people who can only supervise students up to foundation level, some who can take students all the way. Theraplay UK is not following this model. We have one level of certification – you will need to develop the ability to supervise student to full certification level whatever your core professional background.

(WE are currently seeking to develop a process to grandparent people who are currently at associate supervisor level to being fully certified by Theraplay UK)

What can you call yourself while in training as a supervisor?

Denote yourself as a Theraplay UK Supervisor in training.

Where are you going to get your students?

Currently students still have to register with TTI to enter the practicum.

TTI inform Theraplay UK when they accept someone onto the practicum.

Our supervisor matching team (Jo and Carly) then send out an email with the students details to those on the Theraplay UK supervisors list. This details what the student is looking for and their geographical area.

If you want to pick up that student, respond to the email in the given time scale.

If more than one supervisor offers to pick up a student then they are matched with the supervisor who is most likely to meet their needs.
You need to actively seek to be matched with a student.

So, you are matched. What next?

Supervision can be in person or online. My recommendation is that you do try and meet your supervisee in person at some point. Forming your contract with the supervisee is a good time to do this.

A potential contract is available on the supervisors pages of the TTI drive. If you don't have access, please let us know. Use the Theraplay UK folder.

This is the link for the contract with a student:

<https://docs.google.com/document/d/169BmqoY83PmshRdXxmK7HFgLbEK7jFwD/edit>

Once you have a contract with a student, start the process of supervision! You may wish to observe how others are supervising via the supervision of supervision group before you start.

You must be able to track students paperwork. This includes appropriate consents from families when a student brings them for supervision. You don't need to hold a copy but you do need to see the consent form and have logged that you have seen it. Ensure the consent form includes consent for you to be able to show the case material in a supervision of supervision group. Sample consent forms are in the TTI supervisors folder.

For a session to count towards a students certification process BEFORE the supervision they should send you a session supervision form. You will need to decide if you want to be able to view the whole session before a supervision. If you do, you need to ensure appropriate consents are in place and you need to have a clear record keeping policy that shows how you are GDPR compliant in terms of holding that video material. You can also view video material 'live' in a supervision session so you don't hold that video on your electronic device anywhere.

After a supervision session the student should send you a supervision reflection form.

https://docs.google.com/document/d/1IZ0rmzUIJK1eZLa_kcuart2m3op0DC6U/edit

It is only when you have all the right bits of paper from the student that you can count that supervision towards the students certification process. I recommend you give them a time scale to get the reflection form to you.

It is quite a lot of meticulous logging of processes. Get a system that works for you. There is a log sheet you can give to students and keep a copy that you fill in yourself too. Look at forms 9, 10 and 11 here

<https://drive.google.com/drive/u/0/folders/0B5ImSZKeUdmkOTBXdnVHaGVqWnM?resourcekey=0-BSUht4k3KNH55HwidbWSmA>

I recommend you start with just one student and get all these process in place. It is a lot to think about.

What the students must do to become fully certified.

This should all be familiar to you. This is cut and paste from the TTI documentation to highlight the most relevant information for this module 1.

Levels of Certification

Foundational Theraplay Practitioner

Total # of Supervised Sessions = 8

Total # of Unsupervised Sessions = 32

- After the registration is completed, submit eight sessions of Theraplay treatment for supervision accompanied by the *Session Supervision Form*. These sessions should be of **two different clients**, and should include at least one MIM and one parent feedback session or parent session. For the eighth session, submit the *Session Supervision Form*, completed by yourself and the *Theraplay Practitioner Foundational Certificate Registration: 8th Session Self-Description by Dimension Form* rating the **totality** of your work.

Intermediate Theraplay Practitioner

Total *additional* # Supervised Sessions = 7 plus Intermediate review

Total additional # of Unsupervised Sessions = 32

Please Note: If completion of the Level Two training is not practical during the time you are working on Intermediate Theraplay Practitioner Certification, this requirement can be deferred upon recommendation of your supervisor. Candidates for deferment must be planning to finish the entire certification practicum. Candidates only planning to complete Intermediate Theraplay Practitioner Certification must complete the Level Two training before a certificate will be issued.

Sessions

- Submit seven more sessions, including one MIM, one parent feedback session and 5 Theraplay sessions. Submit the *Session Supervision Form* with each video. The work of at least 4 different families (two additional families other than the two families presented at the Foundational level) should be presented before submitting a session for the Intermediate review.
- Complete an additional 32 Theraplay sessions and submit a log for your file. Total number of sessions completed = 64.

Intermediate review

- Submit a video for Intermediate review, along with: the *Session Supervision Form*, completed by yourself and the *Intermediate Self-Description by Dimension Form* rating the **totality** of your work; log of sessions completed to date; recommendation of your supervisor. **Intermediate reviews should be of current work** (no more than three months old).

The candidate must receive an average rating of 3.5 and be recommended by their supervisor in order to submit a mid-term examination.

Pass the Intermediate review which is completed by a Theraplay Institute supervisor other than your regular supervisor. The Theraplay Institute supervisor may agree with your regular supervisor's pass/fail recommendation or override it. Please see *Evaluating Competency* for information about non-passing evaluations from your supervisor.

**Certified Theraplay Practitioner: Total additional # of Supervised Sessions = 7
Total additional # of Unsupervised Session=32**

Sessions

- Submit 7 more sessions for supervision. The type of sessions to submit will be worked out in a plan that your supervisor develops for you at mid-term to focus on areas where most help is still needed
- Complete an additional 32 unsupervised Theraplay sessions and submit a log of them for your file. Total number of sessions completed =96.

Final

- Submit and pass the final exam evaluation (8th session*) which is done by a Theraplay Institute supervisor other than your regular supervisor. Final videos should be submitted with: the *Session Supervision Form*, completed by yourself; the *Final Self-Description by Dimension form and Supervisor's Rating Form* rating the totality of your work; log of sessions completed; recommendation of your supervisor. If the Theraplay Institute supervisor rates the candidate an average of 4 or better, the candidate passes. For ratings less than a 4, a specific plan for additional supervision will be developed with the student's regular supervisor and a new final exam submitted after defined goals have been met.

Please Note: Final exams must be of recent work done within three months of the time of submission. An exception will be considered for video up to six months old if accompanied by a letter of explanation from the candidate's supervisor. The Theraplay Institute reserves the right to ask for more recent work to be submitted.

This is the detail for the process not taking into account any adaptations for covid. Any adaptations for covid should be discussed in your supervision of supervision group.

At this point in your training as a supervisor, the things to remember are that at foundation you will be recommending the student is ready for certification at that level. You are not on your own in this. Bring those sessions to the supervision of supervision groups. Think with

your student from the outset that it is 8 sessions of supervision as a MINIMUM and it may take more supervisions sessions than that for them to integrate Theraplay skills sufficiently to pass the foundation level assessment.

For intermediate and full certification the assessments are done by another supervisor and you will need to help your student prepare for that. You can talk through this process in a supervision of supervision group when you reach that stage. We will also discuss this in module 5.

Fiona Peacock
4th November 2021

Date and time of next module: Friday 28th Jan 2022 14.00 to 15.30:

Focus of next module: One model of supervision, how this fits with the models you may already be using, the uniqueness of a training supervision rather than pure clinical supervision, ages and stages of clinical development, what we want to see at foundation level.