

## Getting started on the Dyadic Theraplay® Practicum - UK 2018

Please refer to the *Dyadic Practicum Certification Procedures UK* and *Best Practice Requirements UK* documents for further details.

### 1. What training must I complete?

Before registering for the practicum, you must attend a 4-day Level 1 and MIM training or a 5-day Level 1, MIM and Group Theraplay training. You will receive a completion letter from the Theraplay® Institute for attending a training.

### 2. What is Theraplay supervision?

Theraplay supervision can best be understood as a training or mentoring guidance while you are on the practicum. It does not replace any clinical supervision you may already be accessing. The supervisor provides guidance and direction to develop your Theraplay Informed Practice, and to raise your skill levels.

Theraplay supervision may also be received by those who are not yet on the practicum and by Theraplay practitioners who have already completed all or part of the practicum and choose to seek out consultation when working with complex cases or unfamiliar client groups.

*NB: The Theraplay supervisor does not hold clinical or managerial responsibility for the welfare of your clients. This responsibility remains with you and, if applicable, your workplace manager.*

### 3. Who can supervise me?

Theraplay supervision can only be provided by a Certified Theraplay® Supervisor or a Certified Practitioner who is currently on the Theraplay supervisor's practicum. You can seek out a supervisor through professional contacts or the UK Theraplay website, or you can ask The Theraplay Institute to assign one to you.

You will need to consider practicalities such as fees and time availability, as well as the experience of the supervisor in relation to your cases. Some supervisors can offer face-to-face sessions, others work primarily through internet live sharing. Not all Theraplay supervisors are qualified to take students through the whole practicum but this will be explained to you when you register for the practicum. You will need to sign a Supervision Agreement with your Theraplay supervisor. An example is available.

### 4. What types of families can I work with?

The families you see during the practicum should be part of your usual caseload. You will need a minimum of two families for the first stage of the practicum. You should discuss potential cases with your Theraplay supervisor, your line manager and/or your clinical supervisor to ensure that you have the necessary skills

and experience to take on the work, and that there are no conflicts with other roles you may hold with the family.

If you are working independently, you should be doing so within your existing professional qualification and ethical framework. It is important that you seek guidance from your Theraplay supervisor and your clinical supervisor (if you have one) or a senior member of staff at the school, agency or local authority so that you are not beginning the practicum with cases that are too complex or challenging. If you are undertaking work with adopted children, you should refer to the Ofsted regulations regarding Adoption Support Agencies and ensure that you are compliant.

## 5. What fees do I need to pay?

To register for the practicum, you need to pay a registration fee to The Theraplay® Institute (currently \$400). Payment can be made via The Theraplay® Institute's website. Please refer to the current '**Costs for the Theraplay Practicum - UK 2018**' document for an outline of supervision fees and additional costs.

## 6. What must I call my Theraplay® related work?

After attending Level 1 training, you must describe your work as 'based on Theraplay® principles'. You cannot say that you are 'doing Theraplay' or conducting 'Theraplay sessions'. You cannot describe yourself as a 'Level 1/Level 2 Theraplay practitioner/therapist' but may state that you have attended Level 1/Level 2 training. Likewise, you must describe your assessments as 'based on the Marschak Interaction Method (MIM)'. You cannot say that you are 'carrying out a MIM assessment'.

Once you have started the practicum, you can state that you are working towards certification.

When you have completed stage 1 of the practicum, you can refer to yourself as a 'Foundational Theraplay® Practitioner in the role of ...' and insert your core professional qualification such as teaching assistant or play therapist. You can then describe your work as 'Theraplay® Informed Practice'. When you have completed stage 2 of the practicum, you can refer to yourself as an 'Intermediate Theraplay® Practitioner in the role of ...':

Only when you have completed all 3 stages of the practicum can you refer to yourself as a 'Certified Theraplay® Practitioner' and describe your work as 'Theraplay®'. The titles 'Theraplay Therapist' and 'Theraplay Associate' are no longer awarded in the UK.

**NB: 'Theraplay®' is a registered service mark and should be used correctly. Please refer to the Appendix for details.**

## 7. What consents do I need?

You will need to gain signed consent from the parents/carers (and the local authority if the child is in care or in an adoptive placement but not yet legally adopted). The consent must be for the MIM based assessment, your sessions based on Theraplay® principles, and for videoing.

You must provide those giving consent with a privacy statement detailing why, how and when their data is to be stored, transferred and erased in line with the EU General Data Protection Regulation 2018. You must have written permission from your workplace manager or regular clinical supervisor to begin the practicum.

Additionally, if your Theraplay supervisor is on the supervisor's practicum, she will ask you to gain consent from the parent/carer (and local authority, if applicable), for video recordings to be shared on the supervisor's practicum.

## 8. What documents do I need to submit?

To register for the practicum, there are two sets of documents to prepare and submit. The following documents should be sent to [practicum.registrationapplication@theraplay.org](mailto:practicum.registrationapplication@theraplay.org) Electronic versions and scanned copies are acceptable.

1	<b>Professional experience and context</b>	Narrative of your professional experience (CV is sufficient) and a brief description of how you intend to use Theraplay principles in your work.
2	<b>Qualification*</b>	Confirmation of an appropriate qualification in mental health or social care.
3	<b>Professional registration *</b>	Confirmation of your professional registration, or other documentation of proof of eligibility to legally practise in the UK. <i>* Some students for Foundational Stage, eg. teaching assistants, may not have a relevant qualification or professional registration. Your CV (see 1) and Workplace Manager's consent (see 7) will be sufficient.</i>
4	<b>Indemnity insurance</b>	Confirmation that you have your own professional indemnity insurance or that your workplace covers you for Theraplay related activities.
5	<b>Complaints and refusals</b>	Signed <b>attestation document</b> to confirm you have no criminal convictions, malpractice claims, etc. This needs to be downloaded from the Theraplay Institute website and completed.
6	<b>Enhanced Disclosure</b>	<i>For England and Wales</i> - Copy of your Enhanced Disclosure and Barring Service (DBS) including barred list checks or details of access to your DBS online update. <i>For Scotland</i> - Copy of your Enhanced Disclosure from Disclosure Scotland and evidence of membership of the Scotland Protecting Vulnerable Groups (PVG) Scheme. <i>For Northern Ireland</i> - Copy of your Access Northern Ireland Enhanced Disclosure Certificate. All documents must be dated within the last three years.
7a	<b>Workplace consent COPY 1</b>	If employed by an agency or organisation, written permission from your line manager or director for you to undertake Theraplay based sessions and to use client work for the practicum. If independent, evidence that your clinical supervisor or a manager at the work setting where you are seeing families will oversee your Theraplay related work.

The Practicum Manager will review your documents and contact you if additional information is needed. Once practicum registration is confirmed, the following documents must be submitted to **your supervisor**:

7b	<b>Workplace consent COPY 2</b>	If employed by an agency or organisation, written permission from your line manager or director for you to undertake Theraplay based sessions and to use client work for the practicum. If independent, evidence that your clinical supervisor or a manager at the work setting will oversee your Theraplay related work. Your Theraplay supervisor may need to contact the person who has signed this agreement if s/he has concerns about your practice.
8	<b>Supervision Agreement</b>	You and your Theraplay supervisor will sign a joint Supervision Agreement.
9	<b>Client consent</b>	Consent from the parent/carer (and local authority, if applicable) to undertake each intervention, and to video record and show recordings of your sessions with your Theraplay supervisor. The consent must include a privacy statement in line with your workplace data protection policy or, if independent, your own data protection policy.  Before starting each new case, you must gain relevant consents. You must show your supervisor a copy of each consent form to this effect or, if supervised online, send a declaration signed by you to confirm that you have gained the correct consents. (It is no longer required that you send consent forms).

## Appendix

### Use of the term Theraplay®

All those who attend any Theraplay training are required to read and agree to the UK Best Practice Requirements by signing the declaration at the end of the training or on the UK Theraplay website, as required by the trainer. They are able to use Theraplay principles and techniques in their own setting, subject to workplace approval and within the boundaries of their existing roles. Those who attend Level 1 and Level 2 training can describe their work as 'based on Theraplay® principles'. They cannot say that they are 'doing Theraplay' or 'conducting Theraplay sessions' nor describe themselves as 'Theraplay Level 1' or 'Theraplay Level 2'.

- Throughout stage 1 of the practicum, students must continue to describe their work as 'based on Theraplay® principles'.
- Students must describe their assessments as 'based on the Marschak Interaction Method (MIM)'. They cannot say that they are 'carrying out a MIM assessment'.
- Students who have started the practicum, can additionally state that they are 'working towards certification as a Foundational / Intermediate / Certified Theraplay® Practitioner'.
- Students who have completed stage 1 of the practicum, can refer to themselves as a 'Foundational Theraplay® Practitioner in the role of ...' and insert their core professional qualification such as teaching assistant or play therapist. They can then describe their work as 'Theraplay® Informed Practice'.
- Students who have completed stage 2 of the practicum, can refer to themselves as an 'Intermediate Theraplay® Practitioner in the role of ...'.

Only when they have completed all 3 stages of the practicum can practitioners refer to themselves as a 'Certified Theraplay® Practitioner', describe their work as 'Theraplay®' and say they are carrying out a MIM. The titles 'Theraplay Therapist' and 'Theraplay Associate' are no longer awarded in the UK.

At all times, the Theraplay® service mark should be used correctly as described below.

### Stylistic protocol for use of the service mark®

This protocol applies to all written materials, whether in electronic or paper form. Such materials include, but are not limited to, correspondence, flyers, reports, case notes, supervision forms, consents, advertisements, and e-mail signatures.

- The service mark must be used in the phrase 'The Theraplay® Institute'.
- The service mark must be used when writing the title "Foundational / Intermediate / Certified Theraplay® Practitioner".
- The service mark must be used if 'Theraplay®' is in the title of the company or practice. The use of the word Theraplay® in these circumstances is permissible for Certified Theraplay® Practitioners only.
- In a short document, such as a consent form, the service mark must be used throughout. This includes the phrases 'Theraplay® Informed Practice' and 'Theraplay® principles'.
- In a long document, such as a supervision form or report, the service mark must be used the first time the word Theraplay® is written, and thereafter Theraplay may be written without need of the service mark.
- On a web site, the service mark must be used throughout in descriptions of Theraplay®. A link to the US Theraplay® Institute website and the UK Theraplay® website must be provided.
- Any use of the service mark must be accompanied by a footnote or note consisting of the following phrase: "Theraplay® is a registered service mark of The Theraplay Institute, 1840 Oak Ave., Suite 320, Evanston, IL 60201, USA".