

# Welcome to the Second UK

## Theraplay Conference

### 'Theraplay In Action'

#### Monday 11<sup>th</sup> September 2017

8.30 -9.00 Registration

9.00 **Jo Williams** dth. (Dramatherapist) Dip. Psychodynamic Counselling, certified Theraplay® Therapist, Supervisor and Trainer working for Northamptonshire County Council as their Theraplay manager. *To introduce and welcome.*

**Presentation: Around the World with Theraplay**

9.45 **Vivien Norris** DCLinPsy, DipMusicTh, Chartered Clinical Psychologist and Music Therapist. Certified Theraplay® Therapist, Theraplay® Trainer and an accredited Dyadic Developmental Psychotherapy Practitioner, Consultant and Trainer.

**Presentation: Theraplay Applications in the UK** - An overview from Viv Norris. Giving examples of different areas of work in both clinical and other settings, including early years, schools, paediatric hospital, disability services and work with trauma. A specific focus on fostering and adoption where Theraplay is increasingly being used across the transition from fostering to adoption.

10.45 Coffee Break

11.15 Audience Activities with Viki Elliott & Ellisa Fisher both Certified Theraplay Practitioners and Certified Theraplay Group Trainers.

11.30 **Vivien Norris** (see above)

**Jennie Forsyth** qualified social worker and therapeutic practitioner specialising in Theraplay, DDP and Sensory Attachment work.

**Presentation: Theraplay and Sensory Regulation Issues** - Many children struggle with sensory and regulation issues for a broad range of reasons. This presentation will look at how Theraplay addresses regulation issues and will include video examples to illustrate use of Theraplay alongside our developing knowledge of the sensory system.

12.15 Lunch Break with extra time for Networking

1.30 Audience Activities with Viki Elliott & Ellisa Fisher both Certified Theraplay Practitioners and Certified Theraplay Group Trainers.

1.45 **Heather Moran** Consultant Child Clinical Psychologist.

**Presentation: Coventry Grid** - clinical observations of differences between autism spectrum disorder (ASD) and attachment problems. Heather will talk about the differences between the social skills and behaviour of children and young people who have ASD or attachment difficulties. The Coventry Grid is a tool that was developed by clinicians to help with a clinical problem in autism assessments. Since the grid was published in 2010, new research has been done by various researchers and there are findings which fit with the clinical observations in the grid. Heather will talk about the key parts of the Coventry Grid and what the research has found so far.

2.45 Coffee Break

3.15 **Annie Kiermaier**, LCSW, RN, certified Theraplay therapist, trainer, and supervisor.

**Presentation: *Group Theraplay with the Elderly*** - When people ask “What is the age range for Theraplay?” the answer is “0 to 100!” Annie will present a video of elders engaging in Theraplay followed by a discussion of the benefits of Theraplay for elders and how to set up your own Elder Fun Group.

4.00 **Sara Yorke** BSc in Social science and Healthcare from Southampton University, PGDipCIM from the Chartered Institute of Marketing, and is an accredited coach, counsellor and NLP practitioner. Founder and MD of Relationship Matters (RML).

**Presentation: *Regional Groups*** – *Launching regional Theraplay groups across the UK. A great opportunity to understand how to gain support and ask for what you need to develop Theraplay in your region. A practical session to share a case study with insights from leading Theraplay practitioners, of how to benefit from regular local meetings. We'll discuss outline agendas, access to speakers and group supervision, as well C.P.D. and T.T.I. support. If your Regional Group is up and running already we'd be delighted to hear your story and understand how we can help you to move forwards.*

4.30 Conclusion

# Programme for Day 2 of the Second UK

## Theraplay Conference

### 'Theraplay In Action'

Tuesday 12<sup>th</sup> September 2017

8.30 -9.00 Registration

9.00 **Ellen Wallace** M.A. Chief Executive Officer Woodnewton Academy Trust. *To introduce and welcome.*

9.15 **Elaine Fletcher-Janzen** Ed.D., NCSP, ABPdN Professor of School Psychology at the Chicago School of Professional Psychology, Chicago, Illinois and Past President of the American Academy of Paediatric Neuropsychology.

**Pip McGirl** UK Trained Educational Psychologist, Associate Professor in School Psychology at the Chicago School of Professional Psychology and former Research Director at The Theraplay Institute.

**Presentation: Neurodevelopmental Perspectives - The theory and practical application of the neurodevelopmental approach** - *A safe and supportive school environment can help counter the effects of negative childhood experiences and promote emotional well-being and academic success. This workshop will explore how neuroscience informs our understanding of how the affective experience in the classroom can remediate past trauma/abuse, and its cognitive sequelae.*

**Part One** addresses the theory and practical application of the neurodevelopmental approach to understanding social, emotional, and academic functioning. In this opening session Dr. Fletcher-Janzen will present The Neurodevelopmental Model which has been received enthusiastically by audiences of educators.

10.45 Coffee Break

11.15 **Elaine Fletcher-Janzen & Pip McGirl** (see above)

**Part Two** will address how educators and clinicians can integrate and translate neuroscience into policy and practice, exploring a whole school approach that extends beyond the social and emotional curriculum.

12.45 Lunch Break with extra time for Networking

2.00 Audience Activities with Viki Elliott & Ellisa Fisher both Certified Theraplay Practitioners and Certified Theraplay Group Trainers.

2.15 **Elaine Fletcher-Janzen & Pip McGirl** (see above)

**Part Three** will consist of experiential play-based and group activities that support participant's learning and ability to incorporate the principles of affective neuroscience in everyday school programming.

3.15 Coffee Break

3.45 **Jo Williams** dth. (Dramatherapist) Dip. Psychodynamic Counselling, certified Theraplay® Therapist, Supervisor and Trainer working for Northamptonshire County Council as their Theraplay manager.  
*Closing Remarks*

4.00 Conclusion